

SOUTHSHORE SENIOR PARTNERS TIMES

ShorewoodCEC.com/Senior

October, November, December 2023

Phone: 952.474.7635

Address: 5735 Country Club Road, Shorewood MN 55331



* *New Events at the Center!* *
* *See page 2* *

Oktoberfest

SATURDAY, SEPTEMBER 30TH

12PM-2PM AT BADGER PARK

Join neighbors, family and friends for an inflatable obstacle course, axe throwing, human foosball along with Kidsdance DJ & a light refreshment while browsing the SouthShore Senior Partners activities table.



CELEBRATION CONTINUES AT AMERICAN LEGION POST 259

1PM - 9PM

ANNUAL VETERANS DAY LUNCH

Saturday, November 11th

11:00am

Event is held at the Shorewood Community & Event Center



Reservations needed by Friday, Nov 3rd
Call at 952-474-7635

Lunch is Free for all veterans
\$8 for members, \$10 for non-members

*Lunch is courtesy of the American Legion
Clarence Clofer Post No 259*

Call the Center for information 952.474.7635 Visit our website: ShorewoodCEC.com/Senior
or stop by at: 5735 Country Club Road, Shorewood MN 55331

Upcoming Events

HOSPICE 101

Friday, October 20th — 9:00am

Do you wonder what Hospice is about? And how it is related to Palliative Care? The end-of-life can be an emotional and confusing time. Medical language can be hard to understand and it's hard to even know what questions to ask. "Hospice 101" will walk you through the who, what, why, when, where and how of hospice care.

Presented by Rev. Matty Strickler whose experience spans more than a decade working with those facing complex treatment decision making, whether or not to elect for hospice care.

Call the Center to reserve your spot.
952-474-7635

PREVENTING SENIOR SCAMS & FRAUD

Wed, November 15th — 10:30am

Join the South Lake Minnetonka Police Dept and learn to prevent the most frequent scams targeting our senior population. Topics will include examples of fraud targeting senior citizens and how to effectively report these issues to the police.

Hosted by SSSP & City of Shorewood
RSVP at 952-474-7635

SSSP BOARD MEMBERS

The SouthShore Senior Partners are dedicated to encouraging seniors (55plus) in maintaining a healthy and active life style. Our programs provide seniors with a time to socialize and participate in a variety of recreational and learning opportunities.

SSSP Board Members are:

Sally Bergman Jeanna Raap
Tena Brandhorst Theresa Zerby
Shannon Emil

If you are interested in joining our board contact Tena at the Center.

**Volunteers
needed!**

WE ARE LOOKING FOR VOLUNTEERS

The Senior Partners staff the reception desk at the Shorewood Community & Event Center Mon-Fri. Can you volunteer 3-1/2 hours per week of your time to greet people, answer the phone, and be a smiling face? More info, call Tena 952-474-7635

See our Newsletter online at: ShorewoodCEC.com/Senior

Movie Matinee!



WATCH A MOVIE MATINEE WITH US!

Enjoy an afternoon with your age 55+ friends and go to the movies at *Shorewood Community and Event Center!* Come see a recently released movie on the big screen. Free water will be available and popcorn for purchase. Please call 952-474-7635 for movie titles.

Oct 12th—1pm

Oct 26th—1pm

Nov 9th—1pm

Dec 14th—1pm

FREE SERVICES FOR LOW VISION AND NO VISION SENIORS

MN State Services for the Blind offer services for seniors experiencing vision loss that is significant enough that impacts their daily life. For instance having difficulty reading the newspaper or the mail might be something their services could help you with. Many consumers they work with have conditions such as: Macular Degeneration, Glaucoma, Diabetic Retinopathy or Cataracts. One of their main goals is to keep people as independent as possible.

For more information call:
651-539-2273

Upcoming Events

ONGOING ACTIVITIES EACH MONTH

Mondays

- ◇ Busy Bee Quilters
 - 9:00 am—Noon (each Mon & Wed)
- ◇ Bingo
 - 1:00 pm—Win \$\$ and prizes

Tuesdays

- ◇ Card Crafters
 - 9:00 am - *Join us!*
- ◇ Woodcarvers
 - 9:30 am - *Work on your own interests, or some group projects*
- ◇ Knit and Crochet
 - 10:30 am - *No sign up needed*
- ◇ Jewelry Design and Beading
 - 1:00 pm *Bring your projects*
- ◇ Cribbage ****All abilities & levels welcome***
 - 1:00—3:00 pm *Join us on Tuesdays!*

Wednesdays

- ◇ Busy Bee Quilters
 - 9:00 am—Noon (each Mon & Wed)
- ◇ Mahjong
 - 1:00 pm - *Join us for a fun game!*

Thursdays

- ◇ EngAGE Physical Therapy class
 - 9:00 am — Register at 612.888.9882
- ◇ Bridge - *Playing cards*
 - 1:00 pm

Fridays

- ◇ Dementia Support Group with Jane Stein. Want to learn more, or have questions? 952-240-8835
 - 9:00 am — 1st & 3rd Fridays
- ◇ Happy Feet— *Individualized footcare*
1st Friday each month, reserve at: 763-560-5136

DRIVERS DISCOUNT COURSES

Oct 18th (Wednesday) — 1:00pm-5:00pm
4hr Refresher Course
at Shorewood Community & Event Center
Get 10% off your Auto Insurance for 3 years!
Participants must register at MN Hwy Safety Research Center directly for all courses.
All must pre-register at: 1.888.234.1294
www.driverdiscountprogram.com



START YOUR WEEK OUT RIGHT WITH BINGO!!

MONDAYS AT 1:00 PM

You can play for only a small cost of: \$0.25 per game

You get 3 cards/chances per game for your \$\$

Prizes are from the money collected.

	Bridge Thurs (1pm)		Cribbage Tues (1pm)
	Mahjong Weds (1pm)		Woodcarving Tues (9:30am)

ENGAGE WELL: BALANCE AGILITY AND FUN!

Join Sue Kanter from EngAGE Physical Therapy and Wellness for our BAPS class (Balance, Agility, Power & Strength) on Thursdays 9-9:45am
Call Sue at: 612-888-9882 or suek@engagephysicaltherapymn.com

UPDATED ADDRESS OR PHONE? LET US KNOW

Have you recently moved or have an update for us? Email us at: ShorewoodSSSP@gmail.com or call 952-474-7635
* If you would no longer wish to receive this Newsletter, we appreciate that update as well.

THE CENTER WILL BE CLOSED ON:

Friday, November 10th
Thurs & Friday November 23 - 24
Monday, December 25th
Monday, January 1st, 2024

BAKERY ITEMS!

Mondays & Tuesdays (half price)

Breads, Rolls, Cookies, Sweets, etc. *Wednesdays are free!*



Thanks to Shorewood Cub Foods!

SouthShore Senior Partners
5735 Country Club Road
Shorewood, MN 55331-8926



SHOREWOOD
COMMUNITY & EVENT CENTER

ADDRESS SERVICE REQUESTED

NON-PROFIT ORG
U.S. POSTAGE
PAID
EXCELSIOR, MN
PERMIT NO. 315

Our group is a non-profit which rents space at the Shorewood Community & Events Center from the City of Shorewood. We rely on contributions, fundraising and membership to continue our programming. If you are not already a member or supporter, please consider signing up. Thank you!

SouthShore Senior Partners

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Become a SSSP Member Today and Join the Fun!

Name: _____

Address: _____

Phone: _____ Email: _____

Membership Cost: _____ **Birth year:** _____

Basic Annual Membership: \$30

Basic Double Membership: \$50 I am 55+: Yes or No

* Supporting Member: * \$51 - \$99 * *All Memberships renew annually*

* Sustaining Member: * \$100+

* **Any contribution over the basic membership is tax deductible.*

Membership Benefits:

*I would like to volunteer!

◆ SouthShore Sr Partners newsletter

Interests are: _____

◆ Special Events discount

◆ Pride in supporting access for older adults of our area!

*** Clip out & mail to: Shorewood Community & Events Center
5735 Country Club Road, Shorewood, MN 55331-8926**



Do you have an event or an activity that you would like to see on our calendar? Let one of our board members know of your ideas!

Share ideas
Start something good