

# SOUTHSHORE SENIOR PARTNERS TIMES

ShorewoodCEC.com/Senior

April, May & June 2022

Phone: 952.474.7635

Address: 5735 Country Club Road, Shorewood MN 55331

## SHOREWOOD COMMUNITY & EVENT CENTER

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### SPRING IS HERE, ENJOY!

### ESCAPE TO THE LAKE

#### CABINS OF MINNESOTA

Wed., May 18th

10:00 am

with Doug Ohman

One of our valued and great speakers, Doug Ohman, will take us on a Minnesota vacation right here at the Center.

Enjoy a relaxing and scenic journey to the heart of Minnesota lake country. See some of Minnesota's most interesting and unique cabins. The pictures will bring back those wonderful memories of spending time at your favorite getaway with your favorite people. Doug will share stories, history and memories of this long-time Minnesota tradition.

*\*Cost of speaker is paid this month by your dues.*

**The Good Ole Days of WCCO Radio!**

### RETIRED RADIO NEWS DIRECTOR TO SPEAK AT SHOREWOOD CENTER

Thursday, June 16th

10:00 am

with Curtis Beckmann

We will host a former **WCCO** journalist and retired **WCCO Radio** news director at Shorewood Community & Event Center in June. Curtis Beckmann will discuss the station's news operation and how it thrived, both at home and abroad. Join us as he will entertain us with WCCO station history, glory days stories, and just darn fun commentary. Worked with Howard Viken, Steve Cannon, Bill Diehl, Sid Hartman—Boone & Erickson!

**Cost is Free! Coffee & Cookies provided.**

*\*Cost of speaker is paid this month by your dues.*

*"The Station that Serves the Nation"*

**Please RSVP to the Center**

**952.474.7635**



#### A MESSAGE FROM OUR BOARD MEMBERS:

Senior Partners (SSSP) are looking forward to having you join us for the upcoming events and activities.

Have you visited the Center lately? Bring a friend and join us today!



**Remember the  
Good Ole Days of  
WCCO Radio?**



Call the Center for information 952.474.7635 Visit our website: ShorewoodCEC.com/Senior or stop by at: 5735 Country Club Road, Shorewood MN 55331

# Upcoming Events



## SHOREWOOD

### COMMUNITY & EVENT CENTER

The Center will be closed on:  
Friday, Apr.15 at 12pm (Good Friday)  
Monday, May 30th (Memorial Day)



### DRIVERS DISCOUNT COURSE

**June 15 & 16 (Weds & Thurs) — 5pm-9pm**

If you have never had a Drivers Discount before —this 2 class session is for you. Participants must register at MN Highway Safety Research Center directly for all courses.

All must pre-register at: 1.888.234.1294

*\*Classes are held at SouthShore Center.*

*\*Reserve your place today in order to receive a 10% auto insurance discount for 3 years!*

### DRIVERS REFRESHER COURSE

Join us to Renew your Existing Drivers Discount. Every 3 years, **renew**, and you get a 10% Discount on Auto Insurance for 3 years! **May 2nd — 1:00pm to 5:00 pm**

### SSSP BOARD MEMBERS

The SouthShore Senior Partners are dedicated to encouraging seniors (55plus) in maintaining a healthy and active life style. Our programs provide seniors with a time to socialize and participate in a variety of recreational and learning opportunities.

SSSP Board Members are:

- Sally Bergman..... Jeanna Raap
- Tena Brandhorst..... Catherine Turner
- Shannon Emil..... Theresa Zerby

If you are interested in joining our board contact Tena at the Center.



**DEMENTIA SUPPORT GROUP**  
1st & 3rd Fridays  
9:00 am

Caregivers of loved ones with dementia share tips, support one another, answer questions and are there for one another. Caregivers of any age are welcome.

**INTRODUCTION TO PRINTMAKING RELIEF PRINTING**  
**Apr 21 (Thurs) 2:00pm — \$35**

Relief Printing is printing from a raised surface. A simple example of relief printing is a rubber stamp pressed into a stamp. Several prints to choose from, a few examples below — join us! Call the Center to reserve your place today!

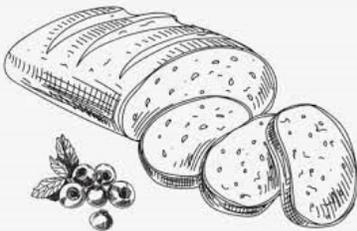


**BAKERY IS BACK!**

Come shop on Mondays & Tuesdays at Shorewood Community & Event Center.

- Half price bakery items
- Breads, Rolls, Cookies, Sweets, etc.

Thanks to our friends at Shorewood Cub!



# Upcoming Events

## Ongoing Activities each month

### Mondays

- ◇ 55+ Dance Fitness
  - 9:00 am—10:00 am
- ◇ Busy Bee Quilters
  - 9:00 am—Noon (*each Mon & Wed*)
- ◇ Happy Feet — *individualized footcare*
  - 3rd Monday of each month
  - Call to reserve an appt. 763.560.5136

### Tuesdays

- ◇ Card Crafters
  - 9:00 am - *Join us!*
- ◇ Woodcarvers
  - 9:30 am - *Work on own particular interests, or some group projects*
- ◇ Knitting and Crochet
  - 10:30 am - *No sign up needed*
- ◇ Jewelry Design and Beading
  - 1:00 pm *No experience necessary*
- ◇ Cribbage ***\*All abilities & levels welcome***
  - 1:00—3:00 pm *Join us on Tuesdays!*

### Wednesdays

- ◇ 55+ Dance Fitness
  - 9:00 am—10:00am
- ◇ Busy Bee Quilters
  - 9:00 am—Noon (*each Mon & Wed*)
- ◇ Pickleball Lessons
  - 10:00 am; weather permitting
  - Cost: **FREE!** Register: 952.474.7635
- ◇ Mahjong
  - 1:00 pm - *Have you learned how to play this fun game?*

### Thursdays

- ◇ Engage Physical Therapy class
  - 9:00 am — Register at 612.888.9882
- ◇ Bridge - *Playing cards*
  - 1:00 pm
- ◇ Book Club
  - 1:00 pm — Every other month on the 2nd Thursday

### Fridays

- ◇ 55+ Dance Fitness
  - 9:00 am—10:00 am
- ◇ Dementia Support Group
  - 9:00 am — 1st & 3rd Fridays



Clients who regularly receive nursing foot care express an increased sense of comfort and well-being. Care includes foot soak, foot massage, care for corns, calluses or problem nails. Price is \$45. Appointments can be made on the 3rd Monday each month. Reserve at: 763.560.5136

 <b>Bridge</b> Thurs (1pm)	 <b>Cribbage</b> Tues (1pm)
 <b>Mahjong</b> Weds (1pm)	 <b>Woodcarving</b> Tues (9:30am)

## **ENGAGE WELL, BALANCE, AGILITY AND FUN**

Engage Physical Therapy and Wellness is here to help you get back to doing the things that are important to you: move and also live better. Come join us this month and EngAGE Well! We meet on Thursdays from 9am-10am at the Shorewood Community & Event Center. Sue Kanter from Engage PT will lead the 55+ class. The focus is on improving your abilities with fun and engaging activities that will build strength, endurance, mobility and balance.

**Cost:** Package of 8 classes is only \$96, or will be \$14 per class.

**Register:** Please contact Sue Kanter directly to register at: 612.888.9882



Shorewood Community & Event Center  
5735 Country Club Road  
Shorewood, MN 55331-8926



**SHOREWOOD**  
COMMUNITY & EVENT CENTER

ADDRESS SERVICE REQUESTED

NON-PROFIT ORG  
U.S. POSTAGE  
**PAID**  
EXCELSIOR, MN  
PERMIT NO. 315

*Our group is a non-profit which rents space at the Shorewood Community & Events Center from the City of Shorewood. We rely on contributions, fundraising and membership to continue our programming. If you are not already a member or supporter, please consider signing up. Thank you!*

## Shorewood Community & Events Center

ShorewoodCEC.com/Senior

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***Become a SSSP Member Today and Join the Fun!***

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Membership Cost:** \_\_\_\_\_ **Birth Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

Basic Annual Membership: \$25

Basic Double Membership: \$40 I am 55+: Yes or No

\* Supporting Member: \* \$50 - \$99 \*All Memberships renew annually

\* Sustaining Member: \* \$100+

\* *Any contribution over the basic membership is tax deductible.*

**Membership Benefits:**

◆ SouthShore Sr Partners newsletter

◆ Special Events discount

◆ Pride in supporting access for older adults of our area!

\*I would like to volunteer!

Interests are: \_\_\_\_\_

***\*Clip out & mail to us at Shorewood Community Center:  
5735 Country Club Road, Shorewood, MN 55331***



*Do you have an event or an activity that you would like to see on our calendar? Let one of our board members know of your ideas to discuss!*

**Share  
ideas  
Start  
something  
good**