

SOUTHSHORE SENIOR PARTNERS TIMES

ShorewoodCEC.com/Senior

February & March 2022

Phone: 952.474.7635

Address: 5735 Country Club Road, Shorewood MN 55331



SHOREWOOD COMMUNITY & EVENT CENTER

**HAPPY VALENTINES
DAY!**

A MESSAGE FROM OUR BOARD MEMBERS:

Senior Partners (SSSP) are looking forward to having you join us for the upcoming events and activities at the Shorewood Community & Event Center. Our newsletter is printed each quarter (every 3 months).

Do you have an event or an activity that you would like to see on our calendar? Let one of our board members know of your ideas to discuss.

Have you visited the Center lately for one of our events or activities? Bring a friend and join us today!

EXPLORING MINNESOTA STATE PARKS

Thursday, March 17th

10:00 am

with Doug Ohman

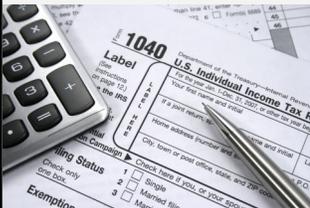
Doug Ohman is a true, blue Minnesota history enthusiast. He can't help but spread the word wherever he goes. An historian, photographer, story teller—all rolled into one. Doug has published 14 books—all about Minnesota. His fulltime job for two decades was travelling around the state of Minnesota sharing his historic, interactive presentations. This Spring on March 17th, Doug Ohman will be visiting the Shorewood Community Center to share his experiences with you.

Reservations needed by: Mar 10th (Thurs)

Cost is Free! Coffee & Cookies provided.

Please RSVP to the Center at: 952.474.7635

TAX PREPARATION AT SHOREWOOD CENTER



Would you like to make an appointment to have your tax returns prepared by AARP Tax Aide volunteers? This year, you'll make an appointment to drop off all of your tax documents and talk with a tax preparer, then you wait on-site in our waiting area while your return is prepared. They will review your completed return with you, and return your original documents.

Appointments are on Thursdays starting Feb 17 through Apr 14. Appointments are one hour at 9am, 10am, 11am and 12pm (arrive 5 min prior to your appt). *Masks are required at all times.

Cost: Free — appt needed. **What to bring for 'each person' on your taxes:** Photo ID, SS Card.

Call the Center for information 952.474.7635 Visit our website: ShorewoodCEC.com/Senior
or stop by at: 5735 Country Club Road, Shorewood MN 55331

Upcoming Events



SHOREWOOD COMMUNITY & EVENT CENTER

The Center will be closed on:
Monday, Feb.21st (Presidents Day)



DRIVERS REFRESHER COURSE

March 3rd (Wednesday) — 1pm-5pm

Join us for the Drivers Refresher class. Participants must register at MN Highway Safety Research Center directly for all courses.

All must pre-register at: 1.888.234.1294

**Classes are held at SouthShore Center.*

**Reserve your place today in order to receive a 10% auto insurance discount for 3 years!*

BOOK CLUB

Interested in joining our Book Club? We meet every other month on the 2nd Thursday at 1:00pm. We discuss books that we are reading.

SSSP BOARD MEMBERS

The SouthShore Senior Partners are dedicated to encouraging seniors (55plus) in maintaining a healthy and active life style. Our programs provide seniors with a time to socialize and participate in a variety of recreational and learning opportunities.

SSSP Board Members are:

Sally Bergman Jeanna Raap
Tena Brandhorst Catherine Turner
Shannon Emil Theresa Zerby

If you are interested in joining our board, contact Tena at the Center.

How you can
Prevent a
Fall 

FIRE AND FALL PREVENTION

February 10th
(Thurs) **10am-11am**



Fire Marshal Kellie Murphy-Ringate will give a presentation on Fire and Fall Prevention, AED Orientation & Hands-Only CPR.

RSVP by Feb 4th: 952.474.7635

SENIOR PARTNERS HELPS COMMUNITY



In 2021 our own Busy Bees Quilters group donated to *Sharing & Caring Hands* the following: 276 pillowcases, 52 gloves, 130 hats, 27 prayer scarves, baby diapers, pillows, hygiene items, laundry supplies, etc. Great job and thank you to all who helped with this project!

BAKERY IS BACK!

Come shop on Mondays and Tuesdays at Shorewood Community & Event Center.

- Half price bakery items
- Breads, Rolls, Cookies, Sweets, etc.

Thanks to our friends at Shorewood Cub.

BECOME A WOODCARVER



Have you ever thought about woodcarving as a hobby? Now is your chance to learn more about it. The Woodcarvers at the Center will share their knowledge and expertise. Everyone is welcome and there are no fees or signup; experience is not necessary. Come in and be part of a great group: Tues at 9:30am.

Call the Center for information 952.474.7635 Visit our website: ShorewoodCEC.com/Senior
or stop by at: 5735 Country Club Road, Shorewood MN 55331

Upcoming Events

Ongoing Activities each month

Mondays

- ◇ 55+ Dance Fitness
 - 9:00 am—10:00 am
- ◇ Busy Bee Quilters
 - 9:00 am—Noon (*each Mon & Wed*)
- ◇ Happy Feet
 - 3rd Monday of each month
 - Call to reserve an appt. 763.560.5136

Tuesdays

- ◇ Card Crafters
 - 9:00 am - *Join us! Make old cards new again!*
- ◇ Woodcarvers
 - 9:30 am - *Work on own particular interests, or some group projects*
- ◇ Knitting and Crochet
 - 10:30 am - *No sign up needed*
- ◇ Jewelry Design and Beading
 - 1:00 pm *No experience necessary*
- ◇ Cribbage ***All abilities & levels welcome**
 - 1:00—3:00 pm *Join us on Tuesdays!*

Wednesdays

- ◇ 55+ Dance Fitness
 - 9:00 am—10:00 am
- ◇ Busy Bee Quilters
 - 9:00 am—Noon (*each Mon & Wed*)
- ◇ Mahjong
 - 1:00 pm - *Have you learned how to play this fun game?*

Thursdays

- ◇ Bridge - *Playing cards*
 - 1:00 pm
- ◇ Book Club
 - 1:00 pm — Every other month on the 2nd Thursday

Fridays

- ◇ 55+ Dance Fitness
 - 9:00 am—10:00 am
- ◇ Dementia Support Group
 - 9:00 am — 1st & 3rd Fridays



ENGAGE
PHYSICAL THERAPY
AND WELLNESS, LLC

**ENGAGE
WELL,
BALANCE,
AGILITY AND
FUN**

TP A MEMBER PRACTICE OF THERAPY PARTNERS

Engage Physical Therapy and Wellness is here to help you get back to doing the things that are important to you: move and also live better. Come join us this month and EngAGE Well! We meet on Thursdays from 9am-10am at the Shorewood Community & Event Center. Sue Kanter from Engage PT will lead the class. This group class is for ages of 55 and older. The focus is on improving your abilities with fun and engaging activities that will build strength, endurance, mobility and balance.

Cost: Package of 8 classes is only \$96, or will be \$14 per class.

Register: Please contact Sue Kanter directly to register at: 612.888.9882

 Bridge Thurs (1pm)	 Cribbage Tues (1pm)
 Mahjong Weds (1pm)	 Woodcarving Tues (9:30am)



This is the year to get in shape! Join us for 55+ Dance Fitness and have a great time. We meet on Mondays, Wednesdays and Fridays at 9:00am at the Center.

Cost: Package of 4 classes is only \$20, or a drop-in price is \$6 per class.

Shorewood Community & Event Center
5735 Country Club Road
Shorewood, MN 55331-8926

ADDRESS SERVICE REQUESTED

NON-PROFIT ORG
U.S. POSTAGE
PAID
EXCELSIOR, MN
PERMIT NO. 315

Our group is a non-profit which rents space at the Shorewood Community & Events Center from the City of Shorewood. We rely on contributions, fundraising and membership to continue our programming. If you are not already a member or supporter, please consider signing up. Thank you!

Shorewood Community & Events Center

ShorewoodCEC.com/Senior

Page 4

Become a SouthShore Senior Partner Today and Join the Fun!

Name: _____

Address: _____

Phone: _____ Email: _____

I prefer to receive my newsletter via
email: Circle Yes or No

Birth Date (optional)
____/____/____

I am 55+: Circle Yes or No

I would like to volunteer —
my Interests are: _____

Please clip and return
your application with
payment to: SSSP or
SouthShore Senior
Partners
5735 Country Club Rd.
Shorewood, MN 55331

Basic Annual Membership: \$25
Basic Double Membership: \$40
Supporting Member: * \$50 - \$99
Sustaining Member: * \$100+

*Any contribution over the basic
membership is tax deductible.

Membership Benefits:

- ◆ SouthShore Sr Partners newsletter
- ◆ Special Events discount
- ◆ Pride in supporting access to information and education classes for older adults of our area!



SHOREWOOD
COMMUNITY & EVENT CENTER