

SOUTHSHORE SENIOR PARTNERS TIMES

ShorewoodCEC.com

October, November & December 2021

Phone: 952.474.7635

Address: 5735 Country Club Road, Shorewood MN 55331



VETERANS DAY LUNCH!

A MESSAGE FROM OUR BOARD MEMBERS:

Senior Partners (SSSP) are looking forward to having you join us for the upcoming events and activities at the Shorewood Community & Event Center. Our newsletter is printed each quarter (every 3 months).

Do you have an event or an activity that you would like to see on our calendar? Let one of our board members know of your ideas to discuss.

Have you visited the Center lately for one of our events or activities? Bring a friend and join us today!

YOU'VE SERVED US. NOW LET US SERVE YOU.

We invite all Veterans and Active Military to have lunch on us.

VETERANS DAY LUNCH

Thursday, November 11th

11:00 am

Courtesy of the American Legion

Clarence Clofer Post No. 259

Reservations needed by: Nov 5th (Fri)

Cost is Free for all Veterans

Guests of Veterans: \$8.00 each

Please RSVP by Nov 5th 952.474.7635



ENGAGE
PHYSICAL THERAPY
AND WELLNESS, LLC

TP A MEMBER PRACTICE OF THERAPY PARTNERS

ENGAGE WELL – BALANCE, AGILITY AND FUN

Come join us this month at EngAGE Well! We meet on Thursdays from 9am-10am at the Shorewood Community & Event Center. Sue Kanter from EngAGE Physical Therapy and Wellness will lead the class. This group class for 55 and older that focuses on improving your abilities for everyday life and beyond. The focus is on fun and engaging activities that will build strength, endurance, mobility, balance and functional ability.

Cost: Package of 8 classes is only \$80, or will be \$12 per class.

Register: Please contact Sue Kanter directly to register at: 612.888.9882

Call the Center for information 952.474.7635 Visit our website: ShorewoodCEC.com
or stop by at: 5735 Country Club Road, Shorewood MN 55331

Upcoming Events



SHOREWOOD COMMUNITY & EVENT CENTER

The Center will be closed on:

Nov 25 (Thurs), Nov 26 (Fri),
Dec 23 (Thu), Dec 24 (Fri) & Dec 31 (Fri)



DRIVERS REFRESHER COURSE

Wednesday, Oct 20th — 1:00am-5:00pm

Monday, Nov 4th — 9:00am-1:00pm

Choose one of the class options above. Participants must register at MN Highway Safety Research Center directly for all courses.

All must pre-register at: 1.888.234.1294

**Classes are held at SouthShore Center.*

**In order to maintain the 10% auto insurance discount, a 4 hour refresher class is needed every 3 years.*

SSSP BOARD MEMBERS

The SouthShore Senior Partners are dedicated to encouraging seniors (55plus) in maintaining a healthy and active life style. Our programs provide seniors with a time to socialize and participate in a variety of recreational and learning opportunities. SSSP Board Members:

Sally Bergman
Tena Brandhorst
Shannon Emil
Jeanna Raap
Catherine Turner
Theresa Zerby

If you are interested in joining our board contact Tena at the Center.

DINING CARDS FOR SALE

Metro Dining Club Card savers are on sale while supplies last! Each set of 138 cards contains various discounts which can be used each month for a whole year. Pick up your MDC Cards at the Center today for a discounted price of \$25 for the set. *Support your Senior Partners!*

CHRISTKINDLSMARKT

Outdoor German Christmas Festival at Excelsior Commons.
Nov. 26th-28th & Dec.3rd-5th

HOLIDAY TREE LIGHTING

Thursday, Dec. 2, at 6pm is the big night for the annual Tonka Bay tree lighting at TB city hall.

GET STARTED ON YOUR HOLIDAY GIFT MAKING

Our Jewelry Design and Beading group really has fun creating new necklaces, bracelets, earrings, etc. If you are interested and have always wanted to learn more — come and join us! We meet on Tuesdays at 1:00pm.



BUSY BEE QUILTERS!

Meet some new quilting friends, make something beautiful, and enjoy! Join our Quilting group at 9:00am-12:00pm on Mondays and Wednesdays. All levels are more than welcome.

Have fabric or supplies that you no longer need? Donations of fabric or quilting tools are appreciated and will be used by our group.

Any questions, call Linda at: 952.475.1430

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Upcoming Events

Ongoing Activities each month

Mondays

- ◇ 55+ Dance Fitness
 - 9:00 am—10:00 am
- ◇ Busy Bee Quilters
 - 9:00 am—Noon (*each Mon & Wed*)
- ◇ Happy Feet
 - 3rd Monday of each month
 - Call to reserve an appt. 763.560.5136
- ◇ Pickleball Lessons (*through October*)
 - 10:15am-11:15am; weather permitting
 - Cost: *FREE!!* Register: 952.474.7635

Tuesdays

- ◇ Card Crafters
 - 9:00 am - *Join us!*
- ◇ Wood Carvers
 - 9:30 am - *Work on own particular interests, or some group projects*
- ◇ Knitting and Crochet
 - 10:30 am - *No sign up needed*
- ◇ Jewelry Design and Beading
 - 1:00 pm *No experience necessary*
- ◇ Cribbage ****New activity on our schedule***
 - 1:00—3:00 pm *Join us on Tuesdays!*

Wednesdays

- ◇ 55+ Dance Fitness
 - 9:00 am—10:00 am
- ◇ Busy Bee Quilters
 - 9:00 am—Noon (*each Mon & Wed*)
- ◇ Mahjong
 - 1:00 pm - *Have you learned how to play this fun game?*

Thursdays

- ◇ Bridge - *Playing cards*
 - 1:00 pm
- ◇ Book Club
 - 1:00 pm — Every other month on 2nd Thursday (*Due to Veterans Day, no Book Club in November*)

Fridays

- ◇ 55+ Dance Fitness
 - 9:00 am—10:00 am
- ◇ Dementia Support Group
 - 9:00 am — 1st & 3rd Fridays



MEDICARE INFORMATION SESSIONS

Would you like to discuss any questions regarding Medicare, Medicare Health Plan options, or review your current Medicare Health Plan options? You can sign up for a 30 minute appointment at Shorewood Center with Julie Ell of Next Chapter Insurance, Medicare & Individual/Family Health Consultant.

Wednesdays in October
1:00pm—4:00pm

Register: Call the center at 952.474.7635 to schedule a 30 minute session with Julie Ell.

 Bridge Thurs (1pm)	 Cribbage Tues (1pm)
 Mahjong Weds (1pm)	 Wood Carving Tues (9:30am)

CARD CRAFTERS



Do you enjoy finding the right greeting cards, or creating them?? Join our Card Crafters group on Tuesdays at 9:00am to learn how we re-use greeting cards and sell them at our Shorewood Center.

Shorewood Community & Event Center
5735 Country Club Road
Shorewood, MN 55331-8926

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Our group is a non-profit which rents space at the Shorewood Community & Events Center from the City of Shorewood. We rely on contributions, fundraising and membership to continue our programming. If you are not already a member or supporter, please consider signing up. Thank you!

Shorewood Community & Events Center

ShorewoodCEC.com

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Become a SouthShore Senior Partner Today and Join the Fun!

Name: _____

Address: _____

Phone: _____ Email: _____

I prefer to receive my newsletter via
email: Circle Yes or No

Birth Date (optional)

____/____/____

I am 55+: Circle Yes or No

I would like to volunteer—

My Interests are: _____

Please clip and return
your application with
payment to: SSSP or
SouthShore Senior
Partners
5735 Country Club Rd.
Shorewood, MN 55331

Basic Membership: \$25

Basic Double Membership: \$40

Supporting Member: * \$50 — \$99

Sustaining Member: * \$100+

*Any contribution over the basic
membership is tax deductible.

Membership Benefits:

- ◆ SouthShore Sr Partners newsletter
- ◆ Special Events discount
- ◆ Pride in supporting access to information and education classes for older adults of our area!



SHOREWOOD

COMMUNITY & EVENT CENTER