

SOUTHSHORE SENIOR PARTNERS TIMES

ShorewoodMN.gov/SSSP

April, May, June 2025

Phone: 952.474.7635

Address: 5735 Country Club Road, Shorewood MN 55331



"Sweet April showers do spring May
Flowers" - Thomas Tusser

MEMORIAL DAY: HISTORY AND FACTS

Memorial Day was created as a Holiday to honor the many men and women who died in military service. The focus on those who made the ultimate sacrifice sets it apart from Veterans Day, which honors all Veterans—living and dead.

The day was originally set aside to remember Union Soldiers who died during the Civil War, but following World War I, its scope expanded to include those who died in any war or military action. At the end of the Civil War many cities held their own memorial observations for their hometown heroes.

- * In 1868, Illinois Senator John Alexander Logan, a former Union general, initiated the idea for a specific holiday of 'Decoration Day' to be celebrated on May 30th by decorating tombs of Union Soldiers.
- * The name 'Memorial Day' started coming up at times. After World War II it became more common and became the official name by Federal Law in 1967.
- * In 1968, Congress passed the Uniform Holidays Bill moving 4 holidays to Mondays to create the ever-popular 3 day weekends for: Columbus Day, Presidents Day, Veterans Day & Memorial Day.



MEDICARE HEALTH OPTIONS

Are you turning 65 or retiring soon? Do you have questions regarding Medicare? Learn more about Medicare and get answers to your questions with a free *One-on-One session* at our Center. Julie Ell from Next Chapter Insurance works with a variety of insurance companies. She will help answer your questions regarding Medicare and Medicare health plan options.

*Available Dates: Wednesdays
4/16, 5/7, 5/21, 6/4, 6/18*

Schedule your 1 hour, One-on-One meeting
1pm, 2pm, or 3pm 952-474-7635



THANK YOU TO OUR AARP VOLUNTEER 2025 TAX PREPARERS

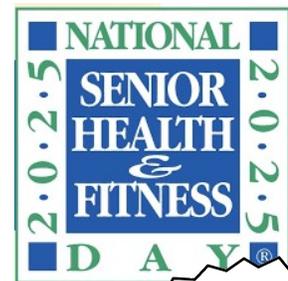
We want to thank the volunteer Tax Preparers that helped Shorewood Community Center members and the surrounding area. We appreciate all that each of you did for us!

THANK YOU!



NATIONAL SENIOR HEALTH & FITNESS DAY

Wednesday, May 28, 2025 is *National Senior Health & Fitness Day*. It's the nation's largest annual older adult health and wellness event. This is celebrated annually on the last Wednesday of May since 1993. The key to this day is to get moving and enjoy some type of physical activity. Stay fit and healthy by exploring regular physical activity and emphasizing the importance of nutrition in your daily meals. Celebrate overall wellness for seniors!



**Cribbage
Tues—1pm!**

Call the Center for information 952.474.7635 Visit our website: ShorewoodMN.gov/SSSP
or stop by: 5735 Country Club Road, Shorewood MN 55331

In Our Neighborhood

WHY IS THE POPPY ASSOCIATED WITH MEMORIAL DAY?

Poppies are associated with those who died during wartime since World War I. In the US, people wear the red poppy on Memorial Day to honor those who died trying to protect the country, according to the Department of Veterans Affairs.

The poppy's red color is not a symbol of blood, death or support for war. When the countrysides were nothing but mud and devastation, poppy flowers sprouted up and flourished. The sight of red poppies inspired one Canadian soldier, Colonel John McCrae, to pen a poem *In Flanders Fields* in May 1915.

IN FLANDERS FIELDS



*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly.
Scarce heard amid the guns below.
We are the dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved, and were loved, and now we lie
In Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies
grow
In Flanders fields.*

Colonel John McCrae



The poem moved so many, especially two women, Anna Guerin of France and Moina Michael of Georgia. Together they sold artificial poppies to benefit children left orphaned by the War, and by 1922 the poppy was adopted as the official flower of the VFW. The Friday before Memorial Day was designated as Poppy Day.

Upcoming Events

WRITERS CLASS: WHAT'S YOUR STORY?

Have your children or grandchildren ever asked you what your life was like when you were their age?

SSSP is offering a Writer's Class where you can get help finishing that story or begin a new one. It could be about events in your life or a topic you want to explore.

Your writing can be Fiction, non-fiction, essay, poetry, whatever you choose can be critiqued and discussed at each session. Join us, and bring your lunch!

When: 1st Thursday of each month (12pm-2pm):

Dates: April 3rd, May 1st, June 5th

DEMENTIA

SUPPORT GROUP

Caregivers of loved ones with dementia share tips, support one another, and discuss your questions. Caregivers of any age are welcome.

1st & 3rd Fridays: 9:00am

Any questions, call Jane Stein: 952.240.8835



WOOD CARVER'S GROUP

Tuesdays and Fridays at 9:30am.

Come one day or both days!

Wood carvers of all skill levels welcome. Start something new or finish something old. Come ask questions of other carvers and make some new friends!



UPDATED ADDRESS OR PHONE?

Have you recently moved or have an updated name or address? Contact us at:

ShorewoodSSSP@gmail.com or call 952.474.7635

THE CENTER WILL BE CLOSED ON:

May 26th - Monday (Memorial Day)

June 20th - Friday (Juneteenth)

SSSP BOARD MEMBERS

The SouthShore Senior Partners are dedicated to encouraging seniors (55+) in maintaining a healthy and active life style. Our programs provide seniors with a time to socialize and participate in a variety of recreational and learning opportunities.

SSSP Board Members are:

Sally Bergman Jeanna Raap
Tena Brandhorst Theresa Zerby
Twila Grout

If you are interested in joining our board, contact Tena at the Center.

Upcoming Events

ONGOING ACTIVITIES EACH MONTH

Mondays

- ◇ Busy Bee Quilters
 - 9:00 am—Noon (Mon & Wed)
- ◇ EngAGE Physical Therapy class
 - 9:00 am — Register at 612.888.9882
- ◇ Bingo
 - 1:00 pm — *Win prize money!*

Tuesdays

- ◇ Card Crafters
 - 9:00 am — *Bring your friends!*
- ◇ Woodcarvers
 - 9:30 am — *Work on your own interests, or some group projects (Tu & Fr)*
- ◇ Knit and Crochet
 - 10:30 am - *No sign up needed*
- ◇ Cribbage
 - 1:00 pm — *Join us!*
- ◇ Jewelry Design and Beading
 - 1:00 pm

Wednesdays

- ◇ Busy Bee Quilters
 - 9:00 am—12:00 pm (Mon & Wed)
- ◇ Mahjong
 - 1:00 pm — *Join us for a fun game!*

Thursdays

- ◇ Bridge — *Playing cards* 
 - 1:00 pm
- ◇ Writing Class — *Write your story*
 - 12:00 pm—2:00 pm (1st Thurs each month)

Fridays

- ◇ Dementia Support Group with Jane Stein. Call Jane with questions at: 952.240.8835
 - 9:00 am — 1st & 3rd Fridays
- ◇ Woodcarvers
 - 9:30 am — *Work on your own interests, or some group projects (Tu & Fr)*



 Bridge Thurs (1pm)	 Cribbage Tues (1pm)
 Mahjong Weds (1pm)	 Woodcarving Tues (9:30am) Fri (9:30am)

WISH TO RENT THE EVENT CENTER??

We have a great space for your Graduation Party, Retirement Party, Celebration of Life, etc? Contact us at Parks & Rec: 952.960.7902 or Email: rentals@ci.shorewood.mn.us



SOUTHSHORE SENIOR PARTNERS BINGO!!

Mondays at 1:00 pm
Cost: \$0.25/game

You get 3 cards/chances per game for your \$\$

Prizes are from the money collected.

CRIBBAGE FUN!!

Everyone loves a fun game of cribbage, or come and learn! We would love to have you join us.

Tuesdays — 1:00 pm

i ♠ cribbage
i ♥ cribbage
i ♣ cribbage
i ♦ cribbage

*"Fifteen, two,
Fifteen, four,
if you know cribbage,
there could be more!"*



Volunteers
do not necessarily
have the time;
they just have the heart.

WE ARE LOOKING FOR VOLUNTEERS

The Senior Partners staff the reception desk at the Shorewood Community & Event Center Mon-Fri. Can you volunteer 3-1/2 hours of your time to greet people, answer the phone, and be a smiling face? More info, call Tena 952.474.7635

ENGAGE WELL:

BALANCE, AGILITY & FUN!

Join Sue Kanter of EngAGE Physical Therapy and Wellness for her Balance, Agility, Power and Strength class.

Thursdays 9:00am to 9:45am
Call Sue with questions and to sign-up
612-888-9882 or
suek@engagephysicaltherapymn.com

RECYCLE EYEGLASSES

Bring your discarded glasses to the Center. The local Lions Club will collect them.



BAKERY ITEMS!

Mondays & Tuesdays (half price)
Breads, Rolls, Cookies, Sweets, etc.
Wednesdays are free!
Thanks to Shorewood Cub Foods!



SouthShore Senior Partners
5735 Country Club Road
Shorewood, MN 55331-8926



SHOREWOOD
COMMUNITY & EVENT CENTER

ADDRESS SERVICE REQUESTED

NON-PROFIT ORG
U.S. POSTAGE
PAID
EXCELSIOR, MN
PERMIT NO. 315

Our group is a non-profit which rents space at the Shorewood Community & Events Center from the City of Shorewood. We rely on contributions, fundraising and membership to continue our programming. If you are not already a member or supporter, please consider signing up. Thank you!

SouthShore Senior Partners

ShorewoodMN.gov/SSSP

April, May, June 2025

Page 4

Become a SSSP Member Today and Join the Fun!

Name: _____

Address: _____

Phone: _____ Email: _____

Membership Cost: _____ **Birth year:** _____

Basic Annual Membership: \$30

Basic Double Membership: \$50 I am 55+: Yes or No

* Supporting Member: * \$51 - \$99 **All Memberships renew annually*

* Sustaining Member: * \$100+

* *Any contribution over the basic membership is tax deductible.*

Membership Benefits:

*I would like to volunteer!

◆ SouthShore Sr Partners newsletter

Interests are: _____

◆ Special Events discount

◆ Pride in supporting access for older adults of our area!

* *Clip out & mail to: Shorewood Community & Events Center
5735 Country Club Road, Shorewood, MN 55331-8926*



Do you have an event or an activity that you would like to see on our calendar? Let one of our board members know of your ideas!

**Share ideas
Start something good**